

Rosary Meditations



Prayer During the COVID-19 Pandemic

OLOV – Horsley Park 2020

Dear Friends,

On the feast of St. Joseph, Pope Francis invited the entire world to pray the Rosary, in union with him, for the current pandemic situation in which we find ourselves.

The Rosary is a powerful prayer. In Fatima, Our Lady asked us to pray the Rosary every day, for peace in the world.

I'm certain, that now, Our Lady wants us to pray the Rosary every day for an end to the global health crisis.

In these rosary meditations, you will discover how we can pray with and around the current situation, by using the life of Jesus and Mary. I hope these meditations enrich your prayer life and prove fruitful for the world.

I invite you all to join spiritually, as a parish family, and pray together at 8.30pm every evening.

Fr Dominik Karnas CSMA, PP

JOYFUL MYSTERIES

Prayed on Mondays and Saturdays.

Annunciation

The angel Gabriel announces to Mary her role in salvation history. Mary cooperates with God's plan and obediently renders her yes to Almighty God.

During these days of quarantine, we pray for the grace to be humble and obedient to what others ask of us, so that the virus may be contained in a timely manner.

Visitation of Mary to Elizabeth

Mary visits her cousin Elizabeth and offers the aged woman help during the last weeks of her miraculous pregnancy. Just as Mary immediately went in haste to help, we ask for the grace to help others when their needs becomes apparent.

We also pray for those who will attend to the sick and dying; for the clergy who will anoint; the first responders who will transport; and the medical professionals who will diagnose and treat. Please protect them, O Lord.

Nativity of our Lord

Mary accompanies Joseph to Bethlehem for the census which must have been a difficult journey for her since she was so close to giving birth. We entrust all pregnant women to the Lord and Mary's intercession; may they bring their child safely and healthily to birth.

May our families rejoice as Joseph and Mary did when they adored their child for the very first time.

Presentation of Jesus in the Temple

Simeon tells Mary that a sword of sorrow will pierce her heart. The evangelist Luke adds that this happens so that the thoughts of many hearts might be revealed. Mary, as our mother, understands our sorrows, anxieties, and emotions.

Let us pray for those who now mourn and are filled with sorrow, may the Lord console them and comfort them in this hour.

Finding of Jesus in the Temple

During these days of quarantine and pandemic, we seem lost ourselves. We are unable to worship on Sundays as a Christian community. In these trying times, we turn to our faith and find hope.

Let us pray for people who had previously turned away from God, that in this moment of trial, they find Jesus once again, and in Him, find their comfort and peace.

LUMINOUS MYSTERIES

Prayed on Thursdays

Baptism of the Lord

Jesus begins his public ministry by going to John the Baptist and asking for him to baptize him, even though John confesses that he is not worthy to untie the thong of his sandal. John prayed, “He must increase, I must decrease.”

During this time of quarantine, we pray for growth in the virtue of humility and our dependence on God for all that we have.

Wedding at Cana

In the prayer of Pope Francis entrusting the world to Mary’s intercession during this troubling time, he said, “You know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting.”

Let us ask Mary to notice the needs of our lives, families, communities, and world. May she intercede for us now, so we can return to the joy and feasting of our life.

Proclamation of the Kingdom

Jesus often proclaimed the Kingdom of God saying, “Repent for the Kingdom of God is at hand.” Let us ask the Lord to give us true sorrow for our sins.

May this time of prayer, penance, and fasting help us repent and seek God’s forgiveness.

Transfiguration

Peter exclaimed to the transfigured Christ that it is good to be with Jesus. In his exclamation, he expressed his desire to remain with Jesus in that moment.

Let us pray for the same grace now, to remain with Jesus in prayer so that we might know Him all the better.

Institution of the Eucharist

Public celebration of the Eucharist has been suspended throughout the world. The Faithful are unable to receive the Eucharist—Christ's very body, blood, soul, and divinity. As Jesus instituted the Eucharist on Holy Thursday, he gave His body to the disciples to eat and commanded them to do this in memory of Him.

Let us pray for our priests, who celebrate the Eucharist, continuing Christ's mandate, but do so alone without a congregation. And let us pray for all the faithful, that this time in which we make spiritual communions, may deepen our appreciation for the Eucharist, so we will no longer take Christ's gift for granted.

SORROWFUL MYSTERIES

Prayed on Tuesdays, Fridays, and Sundays of Lent

Agony in the Garden

After celebrating the Last Supper with His apostles, Jesus goes to the Garden of Gethsemane and prays before being arrested. In that prayer, He prayed that all might be one. During this time, we are united as a community in our suffering and isolation. But as believers, we are united in our prayer to Almighty God for the containment and eradication of the corona virus.

As we suffer our own agony now, let us ask for the grace to pray as Jesus did, and as we pray, may it fulfil Jesus' prayer for unity.

Scourging at the Pillar

During the Passion, Jesus was beaten and tortured. We are mindful of those who are susceptible to disease. For them, any illness can be another scourging, another blow to their health.

During this time of pandemic, we pray for their health, safety, and protection from the virus. Please Lord spare them in this moment.

Crowning with Thorns

While earthly rulers have crowns made of gold, the crown of our saviour was that of thorns. Jesus is the King of Life and the King of our lives. During this time, let us pray for the grace to put Jesus at the centre of our lives and allow him to be the King and Lord of all that we do.

The Carrying of the Cross

During this time, we all have been asked by our Lord to carry new and unexpected crosses. May our experience of the cross, help us to know suffering in a new way.

Let us walk with Jesus and from his example find our strength and courage to carry our cross.

The Crucifixion

Jesus Christ became incarnate to be our saviour. He saves us from our sins, so let us ask him to save us from the coronavirus. Jesus' death on the cross defeated death.

Let us also pray for those who will die this day, especially from the coronavirus, by the blood of Jesus may they find their forgiveness and redemption. Just as Jesus said to the Good Thief, "Today you will be with me in paradise," may they hear similar words when they go forth to meet Christ our Lord.

Please note, I do not dismiss particular judgement or the need for Purgatory but pray with hope that they will see God this day in eternal life.

GLORIOUS MYSTERIES

Prayed on Wednesdays and Sundays Outside of Lent

The Resurrection

The empty tomb on Easter Sunday is a sign of hope for all believers. Let us pray for all who will die during this time, whether from the coronavirus or from a different illness.

May God grant consolation to their family and friends, as the Lord Jesus consoled Mary Magdalene, and may God protect and bless funeral directors and grave diggers.

The Ascension

Before ascending to Heaven, Jesus tells the apostles to go forth and baptize, making disciples of all nations. Let us pray for the Holy Church of God, that during this difficult time, she may strive to live this command of Jesus.

Let us pray for ourselves, that we may strive to live as faithful disciples of Jesus.

The Descent of the Holy Spirit

The Holy Spirit descended upon the Apostles while gathered in the upper room. Many symbols are associated with the Holy Spirit—wind, fire, and breath.

Knowing the coronavirus affects the lungs, let us pray for those unable to breathe on their own right now, that the Holy Spirit will fill their lungs with the gift of breath, life, and healing.

The Assumption of the Blessed Virgin

At the end of Mary's life, God chose to bring her body and soul into eternal life. Now, Mary prays for us at the hour of our death as we ask her so often in the Hail Mary. Let us ask Mary to pray for those who are at the hour of their death.

The Queenship of Mary

Each year we celebrate Jesus as King of the Universe. It is quite fitting for us, to call upon Mary as Queen of Heaven and Earth. So many are devoted to Mary, her titles, and shrines. In this time of pandemic, we turn to Mary's intercession, asking her to obtain from her son the grace of healing for the sick and the containment of the coronavirus.

Mary, pray for us, pray for the sick and the dying, pray for our clergy and medical professionals, pray for those who are most in need.

POPE FRANCIS' PRAYER TO MOTHER MARY, HEALTH OF THE SICK AGAINST COVID-19

O Mary,
you shine continuously on our journey
as a sign of salvation and hope.
We entrust ourselves to you, Health of the Sick.
At the foot of the Cross you participated in Jesus' pain,
with steadfast faith.

You, Salvation of the Roman People
and of all People, know what we need.
We are certain that you will provide,
so that, as you did at Cana of Galilee,
joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love,
to conform ourselves to the Father's will
and to do what Jesus tells us:
He who took our sufferings upon Himself,
and bore our sorrows to bring us,
through the Cross, to the joy of His Resurrection.
Amen.

We seek refuge under your protection,
O Holy Mother of God.
Do not despise our pleas,
we, who are put to the test,
and deliver us from every danger,
O glorious and blessed Virgin.

POPE FRANCIS' PRAYER TO ST. JOSEPH FOR HELP DURING THE COVID-19 GLOBAL CRISIS

Protect, O Holy Guardian, our nation.

Enlighten those responsible for the common good, so that they might know – like you do – how to care for those entrusted to their responsibility.

Grant intelligence of knowledge to those seeking adequate means for the health and physical well-being of their brothers and sisters.

Sustain those who are spending themselves for those in need, even at the cost of their own safety: volunteers, nurses, doctors who are on the front lines in curing the sick.

Bless, O St Joseph, the Church: beginning with her ministers, make her the sign and instrument of your light and your goodness.

Accompany, O St Joseph, our families: with your prayerful silence, create harmony between parents and their children, in a special way with the youngest.

Preserve the elderly from loneliness: grant that no one might be left in desperation from abandonment and discouragement.

Comfort those who are the most frail, encourage those who falter, intercede for the poor. With the Virgin Mother, beg the Lord to liberate the world from every form of pandemic.

Amen.

MEDITATIONS ON THE ROSARY

Make the Sign of the Cross

Presider: In the name of the Father, and of the Son,
and of the Holy Spirit.

Respond: Amen.

OPENING PRAYER

P: Come Holy Spirit, help us to pray, to gaze on Jesus, with the eyes and heart of Mary, so we may grow in holiness.

Mary, Mother of the Church, help us to be truly filled with Jesus in the Holy Eucharist, as we pray for our families, our relatives and friend, and for each other and especially for those who have succumbed to the illness.

Mary, Healer of the Sick, free us from disease and fear, heal our sick people, comfort their families, give wisdom to the rulers, energy and strength to doctors, nurses and volunteers including clergy and bring those who died to heaven.

Mention your personal intentions here.

THE APOSTLES' CREED

I believe in God the Father almighty,
Creator of heaven and earth.

And in Jesus Christ, His only Son, our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended into hell;
the third day He rose again from the dead;
He ascended into heaven,
and sits at the right hand of God the Father almighty,
from there He will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body
and life everlasting.

Amen.

THE OUR FATHER

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

P: Let us pray to Our Heavenly Mother, Mary,
to increase our faith, hope and love. (3 times The Hail Mary)

THE HAIL MARY

Hail Mary, full of grace
the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners now
and at the hour of our death. Amen.

GLORY BE TO THE FATHER

P: Glory be to the Father, and to the Son,
and to the Holy Spirit.

R: As it was in the beginning, is now, and ever shall be,
world without end. Amen.

THE FATIMA PRAYER

(Said after every decade or the Rosary)

All: O my Jesus, forgive us our sins,
save us from the fire of hell,
and bring all souls to Heaven,
especially those who most need Your mercy.

The Joyful Mysteries

(Said on Mondays, Saturdays and during Advent and Christmas)

1. The Annunciation of Gabriel to Mary
2. The Visitation of Mary to Elizabeth
3. The Birth of Jesus
4. The Presentation of Jesus in the Temple
5. The Finding of the Child Jesus in the Temple

The Luminous Mysteries

(Said on Thursdays or Ordinary Time)

1. The Baptism of Jesus
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Jesus
5. The Institution of the Eucharist

The Sorrowful Mysteries

(Said on Tuesdays, Fridays and during Lent)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

(Said on Wednesdays, Sundays and during Easter Time)

1. The Resurrection of Jesus
2. The Ascension of Jesus
3. The Descent of the Holy Spirit
4. The Assumption of Mary into Heaven
5. The Coronation of Mary as Queen of Heaven and Earth

After the 5th decade pray for the Holy Father's intentions.

P: Let us pray for the intentions of our Holy Father, Pope Francis and our Archbishop Anthony Fisher.

SALVE REGÍNA

Hail, holy Queen, Mother of Mercy!
Our life, our sweetness, and our hope!

To You do we cry, poor banished children of Eve;
to You do we send up our sighs,
mourning and weeping in this valley, of tears.

Turn, then, most gracious Advocate,
Your eyes of mercy toward us; and after this our exile
show unto us the blessed fruit of Your womb, Jesus;

O clement, O loving, O sweet Virgin Mary.

P: Pray for us, O Holy Mother of God,

R: that we may be made worthy of the promises of Christ.

P: Let us pray:

All: O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech You, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, that we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

LITANY OF THE BLESSED VIRGIN MARY

P. Lord, have mercy. *R.* Lord, have mercy.

P. Christ, have mercy. *R.* Christ, have mercy.

P. Lord, have mercy. *R.* Lord, have mercy

P. Jesus, hear us. *R.* Jesus, graciously hear us.

P. God, the Father of Heaven, *R.* have mercy on us.

P. God, the Son, Redeemer of the world, *R.* have mercy on us.

P. God, the Holy Spirit, *R.* have mercy on us.

P. Holy Trinity, One God, *R.* have mercy on us.

Holy Mary, **pray for us**

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother of Mercy,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Saviour,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

Virgin most faithful,

Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honour,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,

House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,

Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of Families,
Queen of Peace,
Queen of the World,

P. Lamb of God, who take away the sins of the world,

R. *spare us, O Lord,*

P. Lamb of God, who take away the sins of the world,

R. *graciously hear us, O Lord.*

P. Lamb of God, who take away the sins of the world.

R. *have mercy on us.*

P: Pray for us, O holy Mother of God.

R: *That we may be made worthy of the promises of Christ.*

P: Let us pray. Grant, we beg you, O Lord God, that we your servants, may enjoy lasting health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ our Lord.

R: Amen.

UNDER YOUR PROTECTION

We fly to your protection, O Holy Mother of God. Do not despise our petitions in our necessities, but deliver us always from all dangers, O Glorious and Blessed Virgin. Our Mother, our Advocate, our Mediatrix, our Consolation! Reconcile us to your Son, commend us to your Son, and return us to your Son. Amen.

Or

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word incarnate, despise not my petitions, but, in your mercy, hear and answer me. Amen.

PRAYER OF POPE LEO XIII

Saint Michael Archangel, defend us in battle, be our safeguard against the wickedness and snares of the devil; may God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

THE ANGELUS

P: The Angel of the Lord declared unto Mary,

R: And she conceived of the Holy Spirit.

Hail Mary...

P: Behold the handmaid of the Lord,

R: Be it done unto me according to Your word.

Hail Mary...

P: And the Word was made Flesh, (*bow down*)

R: And dwelt among us.

Hail Mary...

P: Pray for us, O Holy Mother of God,

R: that we may be made worthy of the promises of Christ.

P: **Let us pray:** Pour forth, we beseech You, O Lord, your grace into our hearts; that we, to whom the incarnation of Christ, your Son, was made known by the message of an angel, may, by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

P: Glory be to the Father, and to the Son, and to the Holy Spirit,

R: as it was in the beginning, is now, and ever shall be, world without end. Amen.

P: Eternal rest grant to them, O Lord,

R: and let perpetual light shine upon them.

May they rest in peace. Amen.

QUEEN OF HEAVEN

During Easter Season

P: Queen of Heaven, rejoice, alleluia.

R: For He whom you did merit to bear, alleluia.

P: Has risen, as He said, alleluia.

R: Pray for us to God, alleluia.

P: Rejoice and be glad, O Virgin Mary, alleluia.

R: For the Lord has truly risen, alleluia.

P: Let us pray:

O God, who gave joy to the world through the resurrection of Your Son, our Lord Jesus Christ, grant we beseech You, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.

P: Glory be to the Father, and to the Son, and to the Holy Spirit,

R: as it was in the beginning, is now, and ever shall be, world without end. Amen.

P: Eternal rest grant to them, O Lord,

R: and let perpetual light shine upon them.

May they rest in peace. Amen.

CLOSING PRAYER

P: Loving God, we thank you for all the gifts you have given to us. We thank you for the love you showed in giving us your Son, through our Blessed Virgin Mary, who lives and reigns forever and ever.

R: Amen.

P: Our Lady of Victories

R: pray for us.

P: St Joseph

R: pray for us.

P: St Michael the Archangel

R: pray for us.

At the end make the Sign of the Cross.

P: In the name of the Father, and of the Son,
and of the Holy Spirit.

R: Amen.



Our Lady of Victories – Catholic Parish – Horsley Park
Under the Pastoral Care of the Michaelite Fathers

