

# DAILY DEVOTIONS TO ST. JOSEPH





*These short but fervent devotions to St. Joseph, have been taken from the writings of St. Alphonsus Liguori. Every line bears testimony to the respect, confidence, and love which St. Alphonsus felt for the foster father of Jesus.*

## Introduction

*“If Joseph was so engaged, heart and soul, in protecting and providing for that little family at Nazareth, don’t you think that now in heaven, he is the same loving father and guardian of the whole Church, of all its members, as he was of its Head on earth?”* Pope Pius XII

Just as Jesus and Mary entrusted themselves entirely to the care and protection of St. Joseph as the head of the Holy Family, so we, too, can follow their example. Jesus was living under the roof of St. Joseph as his Son, and gave us a personal example of total entrustment to St. Joseph. We may be familiar with consecration to the Blessed Virgin Mary, in particular the method popularized by St. Louis De Montfort which consists of 33 days of spiritual preparation.

In recognition of the emphasis the Church has placed on St. Joseph, in recent centuries, Pope Francis announced a Year of St Joseph (8 December 2020 – 8 December 2021) in honour of the 150<sup>th</sup> anniversary of Saint Joseph being named as patron of the Universal Church.

We are now invited by Pope Francis to reflect on, and imitate the creative courage of St Joseph. Joseph was courageous in taking on the responsibility of becoming the husband of Mary and the legal father of Jesus and all that those two roles involved. As we follow St Joseph in the Gospel, we see how he could turn a difficulty into a possibility with his trust in the providence of God.

In his Apostolic Letter “Patris corde” (“With a Father's Heart”) (8 December 2020), Pope Francis reflected on the qualities of Saint Joseph whom he described as a strong working man, a beloved, loving father, an accepting, obedient and “creatively courageous” person.

Pope Francis encourages each one of us to imitate Joseph’s virtues and zeal as he urges us to: *Discover in Joseph – the man who goes unnoticed, a daily, discreet and hidden presence – an intercessor, a support and a guide.*

So, I would like to invite you as individual, family and parish community of Our Lady of Victories to Consecrate your life to St. Joseph. Use this prayer book and complete 33 days of readings and prayers, leading up to the prayer of consecration, recited on a feast day connected to St. Joseph.

What does it mean to consecrate yourself to St. Joseph?

Well, it basically means that you acknowledge that St Joseph is your spiritual father, and you want to be like him. To show it, you entrust yourself entirely into his paternal care so that he can help you acquire his virtues and become holy.

Total consecration to St. Joseph means you make a formal act of filial entrustment to your spiritual father so that he can take care of your spiritual well-being and lead you to God. The person who consecrates himself to St. Joseph wants to be as close to their spiritual father as possible, to the point of resembling him in virtue and holiness. Saint Joseph, in turn, will give those consecrated to him his undivided attention, protection, and guidance.

If you have already consecrated yourself to the Virgin Mary, can you be consecrated to St. Joseph, as well?

The answer is a resounding “Yes!” God desires that all children be committed to the care of a mother and a father. You are not a member of a single-parent spiritual family. Mary is your spiritual mother and St. Joseph is your spiritual father.

The spiritual fatherhood of St. Joseph is extremely important for your spiritual growth. Total consecration to Mary is not diminished by total consecration to St. Joseph. Mary wants you to consecrate yourself to St. Joseph! Jesus wants you to consecrate yourself to St. Joseph! Everything you have given to Jesus and Mary can also be given to St. Joseph. The hearts of Jesus, Mary and St. Joseph are one.

Let us join together as parishioners of Our Lady of Victories – to walk these 33 days with St. Joseph, confident that with his help, we will grow in holiness.

If you should skip a day in this consecration, fear not. We are all running as fast as we can. Simply pray the missed prayer on the following day and continue on with your consecration. May God bless us all and grant us a share in the renewal of all of our families.

*Yours in Christ,*

*Fr Dominik Karnas CSMA  
Parish Priest*

## PRAYER FOR EACH DAY

*Read the reflection proper to the day and then close each day with the following prayer.*

Most holy patriarch, St. Joseph, I rejoice at the great dignity to which you have been raised in being made foster father of the Son of God, endowed with authority to command Him Whom heaven and earth obey.

My holy patron, since Jesus Himself respected and served you as His father, I, too, wish to enrol myself in your service. I choose you, after Mary, for my principal advocate and protector. I promise to honour you every day with some special devotion, and each day I will place myself under your protection.

As you enjoyed the sweet company of Jesus and Mary during your life on earth, grant that I may ever live close to them and never be separated from God by losing His grace. And as you were assisted by Jesus and Mary at the hour of your death, so grant me protection at the hour of my death, that, dying in your presence and that of Jesus and Mary, I may one day go to thank you in paradise, and in your company praise and love God for all eternity. Amen.

St. Joseph, patron of the universal Church, protect us. Protect our Holy Father and our Mother, Holy Catholic Church.

*Then pray the Litany of St. Joseph. pp.: 29-30*

## FIRST DAY

*When God wishes to raise a soul to greater heights, he unites it to St. Joseph by giving it a strong love for the good saint, - St. Peter Julian Eymard.*

Why Consecration to St. Joseph? Do you want to ascend to greater heights in the spiritual life? Consecration to St. Joseph will take you there. Many Christians have consecrated themselves to the Virgin Mary so as to be more closely united to Jesus. Without a doubt, consecration to Mary is one of the best things you can do for your spiritual life. The essence of Marian consecration is to help you become "another Mary" for Jesus, a faithful, loving, and trusting companion of the Saviour. Consecration to St. Joseph does something similar.

In the New Testament, we read that Jesus "increased in wisdom and in stature, and in favour with God and man" (Lk 2:52) under the watchful care of his parents. Such an "increase" can happen to you, too, if you entrust yourself to the paternal care of St. Joseph. Now is the time of St Joseph! The Church and the world greatly need St. Joseph. We need him to help us return to the love of Jesus and to living lives of virtue. We desperately need St. Joseph's protection.

We need St. Joseph to protect us. He is our loving and merciful spiritual father, holy, strong, and ready to help. He is forever linked to Jesus, Mary, and the Church. He protected the Holy Family; he will protect us, too, if we entrust ourselves to his paternal heart and his spiritual care. Are you ready to draw nearer to Jesus and Mary, and experience an increase in virtue? Let's go to Joseph!

*St. Joseph help me become a faithful, loving, and trusting companion of Jesus and Mary!*

## SECOND DAY

God, because of the great love He bears us, and His great desire to see us saved, has given us among other means of salvation the practice of devotion to the saints. It is His will that they, who are His friends, should intercede for us, and by their merits and prayers obtain graces for us which we ourselves do not deserve. But everyone must know that, after the Mother of God, St. Joseph is, of all the saints, the one dearest to God. He has, therefore, great power with Him and can obtain graces for His devout followers. Let us then frequently say:

*St. Joseph, give me the greatest confidence in your powerful  
intercession.*

## THIRD DAY

We should, indeed, honour St. Joseph, since the Son of God Himself was graciously pleased to honour him by calling him father. “Christ,” says Origen, “gave to Joseph the honour due to a parent.” The Holy Scriptures speak of him, as the father of Jesus. “His father and mother were marvelling at the things spoken concerning Him” (Luke 2:33). Mary also used this name: “in sorrow thy father and I have been seeking thee” (Luke 2:48). If, then, the King of Kings was pleased to raise Joseph to so high a dignity, it is right and obligatory on our part to endeavour to honour him as much as we can.

*St. Joseph, I consecrate myself to your service forever. Protect me all the  
days of my life.*



## FOURTH DAY

The example of Jesus Christ, Who wished to honour St. Joseph so much, and to be subject to him on earth, ought to inflame all with a fervent devotion toward this great saint. Since the Eternal Father shared His own authority with St. Joseph, Jesus always regarded him as a father, and respected and obeyed him for thirty years. St. Luke says He “was subject to them” (Luke 2:51). These words mean that during all this time the sole occupation of the Redeemer was to obey Mary and Joseph. To St. Joseph, as head of the little family, belonged the office of commanding, and to Jesus as a subject, the duty of obedience. Hence, a learned author has justly said: “Men should pay great honour to him whom the King of Kings wished to raise to such a height.”

*St. Joseph, by the obedience which Jesus rendered to you, make me always obedient to the will of God.*

## FIFTH DAY

St. Bernardine of Siena says that we should be persuaded that Our Lord, who respected St. Joseph on earth as His father, will refuse Him nothing in heaven; but on the contrary, will most abundantly grant His petitions. Jesus Himself advised St. Margaret of Cortona to cherish a special devotion to St. Joseph, and never to allow a day to pass without rendering some homage to him as His foster father. Let us not, then, fail to recommend ourselves each day to St. Joseph and to ask him for graces.

*St. Joseph, make me faithful in invoking you daily.*

## SIXTH DAY

All the faithful should be devoted to St. Joseph in order to obtain the grace of a good death, and this for three reasons.

1. Because Jesus Christ loved him not only as a friend, but as a father, and, therefore, his intercession is more powerful than that of the other saints.

2. Because Our Lord, in return for having saved Him from Herod, has given St. Joseph the special privilege of protecting the dying against the snares of the devil.

3. Because St. Joseph, who died in the company of Jesus and Mary, is the model of a holy death and can obtain this grace for his followers.

*St. Joseph, obtain for me that, like you, I may die in the arms of Jesus and Mary.*

## SEVENTH DAY

According to St. John Damascene: “God gave St. Joseph the love, the care, and the authority of a father over Jesus. He gave him the affection of a father that he might guard Him with great love; the solicitude of a father, that he might watch over Him with care; and the authority of a father that he might feel sure that he would be obeyed in all that he arranged concerning this Son.”

*St. Joseph, be always a father to us; and grant that we may be always your faithful children.*

## EIGHTH DAY

When God, destines anyone for a particular office, He gives him the graces that fit him for it. Therefore, since God chose St. Joseph to fill the office of father over the person of the Incarnate Word, we must certainly believe that he conferred upon him all the sanctity which belonged to such an office. Gerson says that among other privileges Joseph had three which were special to him.

1. That he was sanctified in his mother's womb, as were Jeremias and St. John the Baptist.
2. That he was at the same time confirmed in grace.
3. That he was always exempt from the inclinations of concupiscence — a privilege with which St. Joseph by the merit of his purity, favours his devout followers by delivering them from carnal appetites.

*St. Joseph, shining light of chastity, preserve the angelic virtue in me.*

## NINTH DAY

In the Gospels St. Joseph is called “just.” What is meant by a just man? St. Peter Chrysologus says: “It means a perfect man — one who possesses all virtues.” Joseph was already holy before his marriage: but how much must his sanctity have increased after his union with the Blessed Virgin? The example of his holy spouse sufficed to sanctify him; and since Mary is the dispenser of all the graces which God grants to men, in what profusion must she not have showered them down upon her spouse, whom she loved so much and by whom she was so tenderly loved!

*St. Joseph, increase my devotion to Mary.*

## TENTH DAY

The two disciples, going to Emmaus were inflamed with divine love by the few moments which they spent in company with our Saviour, and by His words. What flames of holy love must not, then, have been enkindled in the heart of St. Joseph, who for thirty years conversed with Jesus Christ, and listened to His words of eternal life; who observed the perfect example which Jesus gave of humility and patience, and saw the promptness with which He obeyed and helped him in his labours, and all that was needed for the household!

*St. Joseph, inflame us with the love of Jesus.*

## ELEVENTH DAY

St. Paul writes that in the next life Jesus Christ “will render to every man according to His works” (Rom. 2:6). What great glory must we not suppose that He has bestowed upon St. Joseph, who served and loved Him so much while He lived on earth! Our Lord has promised a reward to him who gives a cup of cold water to the poor in His name. What, then, must be the reward of St. Joseph, who can say to Jesus Christ: “I not only provided You with food, with a dwelling, and with clothes, but I saved You from death, delivering You from the hands of Herod.” \*

*St. Joseph, increase our zeal for growing in holiness by the hope of eternal reward.*

## TWELFTH DAY

We must believe that the life of St. Joseph, spent in the presence of Jesus and Mary, was a continual prayer, abounding in acts of faith, confidence, love, resignation, and oblation. Since, then, the reward of the saints corresponds to their merits during life, consider how great must be the glory of St. Joseph in heaven. St. Augustine compares the other saints to the stars, but St. Joseph to the sun. It is, then, very reasonable to suppose that St. Joseph, after Mary, surpasses all the other saints in merit and glory. The Venerable Bernardine de Bustis says that when St. Joseph asks any grace for those who are devoted to him, his prayers have in a certain manner the force of a command with Jesus and Mary.

*St. Joseph, obtain for us a great spirit of prayer.*

## THIRTEENTH DAY

To prove the power which St. Joseph possesses in paradise, St. Bernardine of Siena writes thus: "We cannot doubt that Christ accords to St. Joseph, now that he is in heaven, even more perfectly the respect and reverence which He paid to him on earth. Our Lord, Who on earth revered St. Joseph as His father, will certainly deny him nothing that he asks in heaven." Let us then say to him with confidence:

*St. Joseph, powerful protector of souls, keep us from all sin.*

## FOURTEENTH DAY

Oh great St. Joseph, since God has served you, I also wish to enroll myself in your service. I wish henceforth to serve you, to honour and love you. Take me under your protection and dispose of me as you please. My holy St. Joseph, pray to Jesus for me. Having obeyed all your commands on earth, He will certainly never refuse anything you ask Him. Tell Him to pardon me the offenses that I have committed against Him. Tell Him to detach me from creatures and from myself. Ask Him to inflame me with His holy love.

*St. Joseph, watch over us, your children.*

## FIFTEENTH DAY

Most holy patriarch, now that you are on a lofty throne in heaven near your beloved Jesus, Who was subject to you on earth, have pity on me, who am exposed to the attacks of so many enemies, to the evil spirits, and the passions that continually strive to rob me of the grace of God. Through the grace given to you on earth, of enjoying the continual society of Jesus and Mary, obtain for me the grace of living during the remaining days of my life united to God, by resisting the attacks of hell. Grant, too, that I may die with the love of Jesus and Mary in my heart so that I may be able, one day, to enjoy with you their company in the kingdom of heaven.

*St. Joseph, grant me a horror of sin and the grace to conquer my  
passions.*

## SIXTEENTH DAY

St. Bernard, speaking of St. Joseph's power of dispensing graces to his devout servants, makes use of the following remarkable words: "To some of the saints power is granted to succour us in particular necessities; but to St. Joseph power is granted to succour in all necessities, and to defend all those who, with devotion, have recourse to him." Let us then often say to him:

*St. Joseph, help us when we are in need.*

## SEVENTEENTH DAY

St. Teresa says: "I do not remember to have asked any favor from St. Joseph which he did not grant. An account of the many graces which God has bestowed upon me, and of the dangers, corporal and spiritual, from which He has delivered me through this saint would excite wonder. The Lord appears to have given power to the other saints to assist us in a single necessity; but experience shows that St. Joseph gives aid in all. The Lord gives us to understand that, as He was to be subject to St. Joseph on earth, so in heaven He does whatever the saint asks."

*St. Joseph, obtain for me the grace of perseverance in prayer.*

## EIGHTEENTH DAY

St. Teresa also writes: “I would wish to persuade all the world to be devoted to St. Joseph, because I have long experience of the great favours which he obtains from God. I have never known any soul especially devoted to him that did not always advance in virtue. I ask, for God’s sake, that they, who do not believe me, will at least make a trial of this devotion. I cannot believe that favours are not granted to St. Joseph in return for the help which he gave on earth to Jesus and Mary.”

*St. Joseph, patron of the interior life, lead me to that perfection which God requires of me.*

## NINETEENTH DAY

Let us ask St. Joseph for the grace to love our Lord Jesus Christ. This is the particular grace which St. Joseph obtains for those who are devout to him – a tender love toward the Incarnate Word. The saint merited the power to bestow this grace upon his servants by the great love which he himself bore toward Jesus while he lived on earth.

*St. Joseph, make me love Jesus with all my heart.*



## TWENTIETH DAY

When Jesus lived in this world in the house of St. Joseph, could a sinner who desired to obtain forgiveness from Our Lord have found a more efficacious means of obtaining pardon than through St. Joseph? If, then, we desire to receive the forgiveness of our sins, let us have recourse to St. Joseph who, now that he is in heaven, is more loved by Jesus Christ than he was loved by Him on earth.

*St. Joseph, obtain from Jesus the pardon of my sins.*

## TWENTY-FIRST DAY

“And Joseph also went from Galilee out of the town of Nazareth into Judea to the town of David, which is called Bethlehem” (Luke 2:4). In response to the decree of Caesar Augustus, St. Joseph made the long journey across the hills from Galilee to Bethlehem with Mary, who bore beneath her heart the Incarnate Son of God. What sweet conversations must Mary and Joseph have held on this journey, on the mercy of God in sending His Son into the world, to redeem the human race, and on the love of this Son in coming into this valley of tears in order to atone, by His suffering and death, for the sins of men!

*St. Joseph, I wish to belong entirely to you, so that through you I may belong entirely to Jesus and Mary.*

## TWENTY-SECOND DAY

“And it came to pass while they were there, that the days for her to be delivered were fulfilled. And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the inn” (Luke 2:6-7). How great must have been the sorrow of St. Joseph when he could find no shelter for Mary on the night of the birth of the Divine Word, and was obliged to bring her to a stable! How his heart must have been pierced with anguish to see his holy spouse, who was pregnant, and near the time of childbirth, trembling with cold in that damp cave, which was open on every side. Dear St. Joseph, through the pain which you felt in seeing the Divine Word born in a stable, so poor, without fire, without clothes, and in hearing the cries caused by the cold which afflicted Him, I pray you to obtain for me a true sorrow for my sins, by which I have drawn tears from Jesus.

*St. Joseph, penetrate my heart with contrition and obtain for me the grace never to sin again.*

## TWENTY-THIRD DAY

“And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger” (Luke 2:7). How great must have been the joy of St. Joseph when he heard Mary calling him and saying “Joseph, come, and adore our infant God, Who is just born in this cave. Behold how beautiful He is. Look at the King of the world in this manger, on this straw. See how He, Who makes the seraphs burn with love, trembles with cold. Behold how He, Who is the joy of paradise, weeps!”

Dear St. Joseph, through the joy which you received at the first sight of the infant Jesus in the crib, so beautiful and lovely that your heart began from that moment to beat with love for Him alone, obtain for me, also, the grace to love Jesus with an ardent love on earth so that I may one day go to enjoy Him in heaven.

*St. Joseph, share with me a little of the burning love that you bore to Jesus.*

## TWENTY-FOURTH DAY

“Glory to God in the highest and on earth peace among men of good will” (Luke 2:14). Consider how great was the love and tenderness of St. Joseph when he beheld, with his own eyes, the Son of God become an infant; when he heard the angels singing around their newborn Lord, and saw the stable filled with light. Kneeling down and weeping with love and compassion, Joseph said: “I adore You, yes I adore You, my Lord and my God. How great is my happiness to be the first, after Mary, to see You born, and to know that in this world You wish to be called and reputed my Son! Allow me, then, also to call You my Son, and to say: My God and my Son, to You I consecrate my whole being. My life shall be no longer mine, but shall be Yours without reserve!”

*St. Joseph, grant that I may spend my life, like you, in the service of God.*

## TWENTY-FIFTH DAY

“An angel of the Lord appeared in a dream to Joseph, saying, ‘Arise, and take the child and His mother and flee into Egypt’ ” (Matt. 2:13). Consider the ready obedience of St. Joseph, who raised no doubts about the time of the journey, nor about the manner of travelling, nor about the place in Egypt in which they were to stay, but immediately prepared to set out. He instantly makes known to Mary the command of the angel, and on the same night sets out, without guide, on a journey of 400 miles through mountains, across rugged roads and deserts.

*St Joseph, my holy protector, obtain for me the grace of perfect obedience to the divine will.*

## TWENTY-SIXTH DAY

How much St. Joseph must have suffered on the journey into Egypt in seeing the sufferings of Jesus and Mary! Their food must have been a piece of hard bread. They could have slept only in some poor hut, or in the open air. Joseph was indeed conformed in all things to the will of the Eternal Father, but his tender and loving heart could not but feel pain in seeing the Son of God trembling and weeping from cold and the other hardships which He experienced.

*St. Joseph, obtain for me the grace that in my journey to eternity I may never lose the company of Jesus and Mary.*

## TWENTY-SEVENTH DAY

“The boy Jesus remained in Jerusalem, and his parents did not know it” (Luke 2:43). How great was the pain of St. Joseph when Jesus was lost in the temple! Joseph was accustomed to the enjoyment of the sweet presence of his beloved Saviour. What, then, must have been his sorrow when he was deprived of it for three days, without knowing whether he should evermore find Jesus, and most painful of all, without knowing why he had lost Him. How great, on the other hand, was Joseph’s joy when he found Jesus and realized that the absence of the Child did not arise from any neglect on his part, but from a zeal for the glory of the Father.

*St. Joseph, through the merits of the pains which you suffered at losing Jesus, obtain for me tears to weep always for my sins.*

## TWENTY-EIGHTH DAY

“He went down with them and came to Nazareth, and was subject to them” (Luke 2:51). Reflect on the holy life which Joseph led in the company of Jesus and Mary. In that family there was no business except that which tended to the greater glory of God; there were no thoughts or desires except the thought and desire of pleasing God; there were no discourses except on the love which men owe to God, and which God has shown to men, especially in sending His only begotten Son into the world to suffer and to end His life in a sea of sorrows and insults for the salvation of mankind.

*St. Joseph, through the tears which you shed in contemplating the future passion of Jesus, obtain for me a continual remembrance of the suffering of my Redeemer.*

## TWENTY-NINTH DAY

Consider the love which St. Joseph bore to Mary, his holy spouse. She was the most beautiful of all women. She was more humble, more meek, more pure, more obedient, more inflamed with the love of God, than all the angels and all men who have been or shall be created. Hence, she merited all his love. Add to this his realization of the love that she bore for him, and the fact that God had chosen her as His beloved Mother.

*St. Joseph, obtain for me a great love for Mary, your most holy spouse.*

## THIRTIETH DAY

Consider the love which Joseph bore to Jesus. This love was not purely human like the love of other fathers, but superhuman; for he loved Jesus not only as his son but also as his God. Joseph knew from the angel that his child was the Divine Word, Who had become man to save mankind. He realized, too, that he himself had been chosen from among all men to be the protector and guardian of this divine Infant. What a flame of holy love must, then, have been enkindled in the heart of Joseph by reflecting on all these things, and by the sight of his Lord, obeying him like a little boy, opening and closing the door, helping him to saw or to plane, gathering fragments of wood, or sweeping the house!

*St. Joseph, remove from my heart all that could be an obstacle to the love of God.*

## THIRTY-FIRST DAY

“Precious in the eyes of the Lord is the death of His faithful ones” (Ps. 115:6). After having faithfully served Jesus and Mary, St. Joseph reached the end of his life in the house at Nazareth. There, surrounded by angels, assisted by Jesus Christ the King of angels, and by Mary, his spouse, who placed themselves at each side of his poor bed, filled with the peace of paradise, he departed from this miserable life. Who shall ever be able to understand the sweetness, the consolation, the blessed hope, the acts of resignation, the flames of charity which the words of eternal life coming alternately from the lips of Jesus and Mary, breathed into the soul of Joseph at the end of his life?

*St. Joseph, grant me peace and resignation to God's will at the hour of my death.*

## THIRTY - SECOND DAY

Great, indeed, will be the comfort of those, who, at the hour of death shall be protected by St. Joseph. For this great saint has received from God power to command the devils and to drive them away, lest they tempt his servants in their dying moments. Happy is the soul that shall be assisted by this great advocate, who, on account of having died with the assistance of Jesus and Mary, and because of having preserved the infant Jesus from the danger of death by his flight into Egypt, has received the privilege of being the patron of a good death, and of delivering his followers from the danger of eternal death.

*St. Joseph, defend me from the attacks of the devils at the last moment of my life.*

## THIRTY - THIRD DAY

The Church needs the protection of St. Joseph. According to the designs of Providence, the Church has always needed his protection, but today it needs it more than ever. The Church is being assaulted by those outside it (Satan and the world) and by those inside it (many of her own children). Sadly, the Church also has to be protected from spiritually weak priests and bishops.

On June 29, 1972, St. Pope Paul VI made the claim that "the smoke of Satan has entered the Church." He was right. The Church is in a mess. The smoke of Satan has infiltrated even the highest levels of the Church. The only way to clear away the smoke and make the Church beautiful again is to repent and return to order. There is no other way.

Jesus never promised that everyone in the Church would be holy. The weeds and the wheat grow together. The Church, in her essence, is holy because she is the bride of Christ, but there are many individual members of the Church who are not holy, marring the beauty of the bride of Christ by their sinful and criminal actions. In God's time, the weeds and the wheat will be separated. Our role is to stay close to St. Joseph. In this way, we will be wheat, not weeds.

The days in which I live are filled with scandal, confusion, and division. It is not easy to remain faithful, zealous and hopeful. Yet, we have reason for hope.

*St Joseph, protector of the Holy Church, pray for us!*



## CONSECRATION DAY

Today, you will consecrate yourself to St. Joseph. The Holy Trinity wants St. Joseph to be more known and loved. You have been invited to imitate the virtues and holiness of St. Joseph's pure heart. With St. Joseph at your side, virtue and holiness will increase in your life. With St. Joseph's paternal cloak over you, you will be protected from spiritual harm. Fear nothing! Your spiritual father is the father of Jesus, the husband of the Mother of God, and the Terror of Demons.

A comprehensive program of consecration to St. Joseph has been long in the making. It has taken centuries for the secret weapon of consecration to St. Joseph to develop. It is now revealed, and you have been chosen by God to be the recipient of a tremendous blessing in the spiritual life. You have been selected at this time in history to be a part of Consecration to St. Joseph.

Do you know how blessed you are?

In days of old, saints would have been delighted by a comprehensive method of preparation and consecration to St. Joseph. Their saintly instincts knew of the greatness and wonders of St. Joseph and each one, in their own way, sought to honour him and love him with a filial devotion. But it is you who will be ranked among the very first in the history of the Church to live in a tremendous era of devotion to St. Joseph. The era of St. Joseph!

The Holy Trinity wants St. Joseph to be more known and loved. You have been invited to imitate the virtues and holiness of St. Joseph's pure heart.

With St. Joseph at your side, virtue and holiness will increase in your life. With St. Joseph's paternal cloak over you, you will be protected from spiritual harm. Fear nothing, my friend. Your spiritual father is the father of Jesus, the husband of the Mother of God, and the Terror of Demons!

For the rest of your life, love, trust, and honour St. Joseph. Go to him in times of plenty, in times of poverty, in good times and in bad. He will be your guardian, your strength, and your certainty of not being lost. If you become weary, go to Joseph. If you become anxious, go to Joseph. When you are alone, mourning, or tempted, run to St. Joseph! He will never be far from you. He will hear your voice and be your quick defense. A fearless warrior, your spiritual father will rush to your side and protect you.

Never forget what you have learned in these days of preparation. Renew your consecration frequently. Strive to please the loving heart of your spiritual father. Avoid sin and live as a faithful member of the Church. Should scandals persist, keep your eyes fixed on Jesus, Mary, and St. Joseph. They will never disappoint you. They will never abandon you. They will always love you and be with you.

I have prayed to our Lord that he might give me St. Joseph for a father, as he had given me Mary for a mother; that he might put in my heart that devotion, that confidence, that filial love of a client, of a devotee of St. Joseph. I trust the good Master has heard my prayers, for I now feel greater devotion to this great saint, and I am full of confidence and hope - St. Peter Julian Eymard

## ACT OF CONSECRATION TO ST. JOSEPH

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector.

O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your "Holy House." Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life.

O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way. O my Spiritual Father, I hereby consecrate myself to you.

In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection.

To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings. Forsake me not, but adopt me as a servant and child of the Holy Family.

Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen.

*Or 2<sup>nd</sup> option*

## ACT OF CONSECRATION TO ST. JOSEPH

*by Fr. Donald Calloway, MIC*

I, (N), a child o God, take you, St. Joseph, to be my spiritual father. I am confident that Jesus and Mary have led me to you; to know you, to love you, and to be totally consecrated to you.

Therefore, having come to know and love you, I consecrate myself entirely to you, St. Joseph. I want you in my life; I need you in my life. Take me as your spiritual child, O great St. Joseph! I desire to hold nothing back from your protective fatherhood.

As the husband of Mary, you provided for my spiritual mother. Thank you for always being faithful to her. Thank you for loving her and giving your entire life for her service.

As the virginal father of Jesus, you cared for my Lord and protected him from evil men. Thank you for guarding the life of my Saviour. Thanks to you, Jesus was able to shed his blood for me on the Cross. Thanks to you, St. Joseph, I have hope of everlasting life in heaven.

As my spiritual father, I know that you will guide and protect me, too. Please instruct me in the ways of prayer, virtue, and holiness. I want to be like you, St. Joseph. I want to be pure, humble, loving, and merciful.

Now that I am yours and you are mine, I promise never to forget you. I know that you will never forget me, and this gives me boundless joy! I am loved by St. Joseph! I belong to St. Joseph!

Praise to the Holy Trinity who has blessed you and raised you to be the greatest saint after Mary. Praise to the Virgin who loves you and wants souls to love you. Praise to you, St. Joseph, my father, my guardian, and my all! Amen!

## LITANY OF ST. JOSEPH

Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.  
Christ, hear us. Christ, graciously hear us

God, the Father of Heaven, have mercy on us.  
God the Son, Redeemer of the world, have mercy on us.  
God the Holy Spirit, have mercy on us.  
Holy Trinity, One God, have mercy on us.

Holy Mary, pray for us.  
Saint Joseph, pray for us.  
Noble Offspring of David, pray for us.  
Light of Patriarchs, pray for us.  
Spouse of the Mother of God, pray for us.  
Guardian of the Virgin, pray for us.  
Foster-Father of the Son of God, pray for us.  
Zealous Defender of Christ, pray for us.  
Head of the Holy Family, pray for us.

Joseph Most Just, pray for us.  
Joseph Most Chaste, pray for us.  
Joseph Most Prudent, pray for us.  
Joseph Most Courageous, pray for us.  
Joseph Most Obedient, pray for us.  
Joseph Most Faithful, pray for us.

Mirror of Patience, pray for us.  
Lover of Poverty, pray for us.  
Model of Workmen, pray for us.  
Glory of Domestic Life, pray for us.  
Guardian of Virgins, pray for us.  
Pillar of Families, pray for us.  
Comfort of the Afflicted, pray for us.  
Hope of the Sick, pray for us.  
Patron of the Dying, pray for us.  
Terror of Demons, pray for us.  
Protector of the Holy Church, pray for us.

Lamb of God, who takes away the sins of the world,  
*Spare us, O Lord.*

Lamb of God, who takes away the sins of the world,  
*Graciously hear us, O Lord.*

Lamb of God, who takes away the sins of the world,  
*Have mercy on us.*

**V. He has made him lord of his household,**  
**R. And prince over all his possessions.**

**Let us pray.** O God, who, in your loving providence, chose Blessed Joseph to be the spouse of your most Holy Mother, grant us the favor of having him for our intercessor in heaven whom on earth we venerate as our protector. You, who live and reign forever and ever. **Amen.**

## APPENDIX

### PRAYERS TO ST JOSEPH

#### PRAYER TO ST JOSEPH *by Pope Leo XIII*

To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

## **PRAYER TO ST JOSEPH** by *Pope Francis*

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.  
Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy and courage,  
and defend us from every evil.  
Amen.

### **ACT OF CONFIDENCE**

Heart of Jesus, I adore Thee,  
Heart of Mary, I implore thee,  
Heart of Joseph, meek and just,  
In these three Hearts I place my trust.

### **MEMORARE TO JESUS, MARY, AND JOSEPH**

Remember, O merciful Jesus, Immaculate Mary, and glorious  
St. Joseph, that no one has ever had recourse to your  
protection, or implore your assistance without obtaining relief.  
Animated with a like confidence but weighed down by  
my sins, I prostrate myself before you. O! Reject not  
my petitions, but graciously hear and grant them. Amen.



## PRAYER FOR PURITY

O guardian of Virgins and holy Father St. Joseph, into whose faithful keeping were entrusted Christ Jesus, Innocence itself, and Mary, Virgin of virgins, I pray and beseech thee by these dear pledges, Jesus and Mary, that, being preserved from all uncleanness, I may with spotless mind, pure heart and chaste body, ever serve Jesus and Mary most chastely all the days of my life. Amen.

Grant us, dear Joseph, to run life's pathway in innocent fashion: May we be ever safe under thy blest patronage.

O Saint Joseph, foster-father of our Lord Jesus Christ and true spouse of Mary the Virgin, pray for us.

## PRAYER FOR A HAPPY DEATH

O blessed Joseph, who yielded up thy last breath in the arms of Jesus and Mary, obtain for me this grace, O holy Joseph, that I may breathe forth my soul in praise, saying in spirit, if I am unable to do so in words: "Jesus, Mary and Joseph, I give Thee my heart and my soul." Amen.

## JESUS, MARY AND JOSEPH

JESUS, Mary and Joseph, I give your my heart and my soul.  
Jesus, Mary and Joseph, assist me in my last agony.  
Jesus, Mary and Joseph, may I breathe forth my soul in peace with thee.

## INVOCATIONS TO ST. JOSEPH

Hail Joseph, image of God the Father.

Hail Joseph, father of God the Son.

Hail Joseph, temple of the Holy Ghost.

Hail Joseph, beloved of the Holy Trinity.

Hail Joseph, most faithful helper in the great plan of Redemption.

Hail Joseph, most worthy spouse of the Virgin Mother.

Hail Joseph, father of all the faithful.

Hail Joseph, guardian of holy virgins.

Hail Joseph, greatest lover of poverty.

Hail Joseph, example of meekness and patience.

Hail Joseph, mirror of humility and obedience.

Blessed art thou among all men.

And blessed are thine eyes, which have seen what thou hast seen.

And blessed are thine ears, which have heard what thou hast heard.

And blessed are thy hands, which have touched the Word Incarnate.

And blessed are thine arms, which have carried the One Who carries all things.

And blessed is thy breast, on which the Son of God most sweetly reposed.

And blessed is thy heart, kindled with most ardent love.

And blessed be the Eternal Father, Who chose thee.

And blessed be the Son, Who loved thee.

And blessed be the Holy Ghost, Who sanctified thee.

And blessed be Mary, thy spouse, who loved thee as a spouse and a brother.

And blessed be the Angel who guarded thee.

And blessed be forever all who bless thee and who love thee.





Our Lady of Victories - Parish - Horsley Park  

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Under the Pastoral Care of the Michaelite Fathers

