

DEVOTION



OF THE FIRST SATURDAYS TO THE IMMACULATE HEART OF MARY

OLOV Parish - Horsley Park

THE FIVE FIRST SATURDAYS

“Look at my Heart, surrounded with thorns with which ungrateful men pierce me at every moment by their blasphemies and ingratitude. You at least, try to console me and announce that I promise to assist at the hour of death, with all the graces necessary for salvation, all those who, *on the first Saturday of five consecutive months, shall*: go to confession, receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me.”

Words of Our Lady of Fatima

MARION HYMN

AS I KNEEL BEFORE YOU

As I kneel before you,
As I bow my head in prayer
Take this day, make it yours
And fill me with your love

*Ave Maria, gratia plena,
Dominus tecum, benedicta tu.*

All I have I give you
Every dream and wish is yours
Mother of Christ, Mother of mine
Present them to my Lord.

As I kneel before you
As I see your smiling face
Every thought, every word
Is lost in your embrace

MEDITATIONS ON THE ROSARY

Make the Sign of the Cross

Presider: In the name of the Father, and of the Son,
and of the Holy Spirit.

Respond: Amen.

ACT OF ADORATION

Prayer taught by the Angel in Fatima.

My God, I adore You, I believe in You, I hope in You, I love You. I ask pardon for all those who do not adore You, who do not believe in You, who do not hope in You, who do not love You.

Most Holy Trinity, Father, Son, and Holy Spirit, I adore You profoundly and I offer up to You the Most Precious Body and Blood, Soul and Divinity of the same Son, Jesus Christ, present in all the tabernacles of the world, in reparation for all the blasphemies, outrages and indifferences by which He is offended.

And I draw upon the infinite merits of the Most Sacred Heart of Jesus and the Immaculate Heart of Mary that You might convert poor sinners.

OPENING PRAYER

Most Holy Virgin, who has intended to come to Fatima to reveal to the three little shepherds the treasures of graces hidden in the prayer of the Rosary, inspire our hearts with a sincere love of this devotion, so that by meditating on the mysteries of our redemption that are recalled in it, we may gather the fruits and obtain the conversion of sinners, the conversion of Russia, and my personal intentions which I ask of you in this devotion for the greater glory of God, for your own honour, and for the good of all people.

(In salience present your own personal petitions)

Dearest Mother, please accept this Holy Rosary for the five sins committed against your Immaculate Heart. We promise to live the entire day offering prayers and sacrifices to console your Heart and to imitate your holy purity in our daily lives.

Keep us always immersed in the light of your Immaculate Heart and make us pleasing to the Holy Trinity. Amen.

THE HOLY ROSARY

THE APOSTLES' CREED

I believe in God the Father almighty,
Creator of heaven and earth.
And in Jesus Christ, His only Son, our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
the third day He rose again from the dead;
He ascended into heaven,
and sits at the right hand of God the Father almighty,
from there He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body and life everlasting.
Amen.

P: Let us pray for the conversion of poor sinners:

THE LORD'S PRAYER

**Our Father who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done on earth as it is in heaven.**
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

P: Our Heavenly Mother, Mary, to increase our faith, hope and love:
Hail Mary - 3 times

THE ANGELIC SALUTATION

Hail Mary, full of grace
the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now
and at the hour of our death. Amen.

TRINITARIAN DOXOLOGY

P: Glory be to the Father, and to the Son,
and to the Holy Spirit.

R: As it was in the beginning, is now, and ever shall be,
world without end. Amen.

THE FATIMA PRAYER

Said after every decade of the Rosary.

All: O my Jesus, forgive us our sins,
save us from the fire of hell,
and bring all souls to Heaven,
especially those who most need of Your Mercy.

THE FIRST GLORIOUS MYSTERY

The Resurrection of Jesus

O Immaculate Heart of Mary, three days after His death, Jesus rose from the dead all radiant with power and glory. You did not go to the tomb on Easter morning with the other women but waited faithfully for Jesus to rise as He said He would. What joy filled your Immaculate Heart when Jesus appeared to you in the silence of your home!

Teach us, dear Mother, to imitate your lively faith in the Risen Lord. Make us deepen our faith in your Son by living an authentic Christian life.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.

THE SECOND GLORIOUS MYSTERY

The Ascension of Jesus into Heaven

O Immaculate Heart of Mary, forty days after His glorious resurrection, Jesus ascended into heaven in the presence of you and His apostles. You then returned to Jerusalem and began to pray for the Christian Church, offering your prayers and sacrifices for its spiritual growth.

In your Immaculate Heart, you treasured all the memories of your Son and hoped for the day when you would be united with Him forever. Teach us, dear Mother, to imitate your hope as we follow your Son in this valley of tears. Make us long for the joys of heaven.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.

THE THIRD GLORIOUS MYSTERY

The Descent of the Holy Spirit

O Immaculate Heart of Mary, ten days after the ascension of Jesus you were gathered in the upper room with the apostles when the Holy Spirit descended in the form of parted tongues, filling the hearts of the faithful with the truths of the Christian faith. You prayed unceasingly for the apostles as they preached the Good News of Jesus to men in all lands.

Teach us, dear Mother, to imitate the charity of the Holy Spirit, who unites and sanctifies all men who remain open to His inspiration. Make us love one another with ardent charity, so that unity and peace will change our troubled world.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.

THE FOURTH GLORIOUS MYSTERY

The Assumption of Mary into Heaven

O Immaculate Heart of Mary, when your life on earth was completed, Jesus took you, body and soul, into the eternal kingdom of heaven. What joy filled your Immaculate Heart when you were re-united with your Divine Son who told us that, *only the pure of heart shall be close to God.*

Teach us, dear Mother, to imitate your purity of heart and to renounce everything that can spoil our baptismal robe. Make us pure and humble of heart so that we too can enjoy the eternal happiness of heaven forever!

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.

THE FIFTH GLORIOUS MYSTERY

The Coronation of Mary

O Immaculate Heart of Mary, in the eternal splendor of heaven Jesus crowned you with living light and gave you to us as our heavenly Queen and intercessor. You are our Queen and Mother forever, and your Immaculate Heart is our refuge that leads us to God.

Teach us, dear Mother, to have a burning love for your Immaculate Heart. Make us your slaves of love and let us imitate your holy virtues every day of our lives.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.

After the 5th decade pray for the Holy Father and Archbishop of Sydney's intentions.

P: Let us pray for the intentions of Pope Francis and our Archbishop Anthony Fisher.

All: Hail, holy Queen, Mother of Mercy!
Our life, our sweetness, and our hope!
To you do we cry, poor banished children of Eve;
to you do we send up our sighs,
mourning and weeping in this valley, of tears.
Turn, then, most gracious Advocate,
Your eyes of mercy toward us; and after this our exile
show unto us the blessed fruit of Your womb, Jesus;

O clement, O loving, O sweet Virgin Mary.

P: Pray for us, O Holy Mother of God,

R: that we may be made worthy of the promises of Christ.

P: Let us pray: O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal salvation; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

MEDITATION

On one of the Rosary Mystery about 15 minutes

P. Let us pray for the light of the Holy Spirit.

All. Come Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

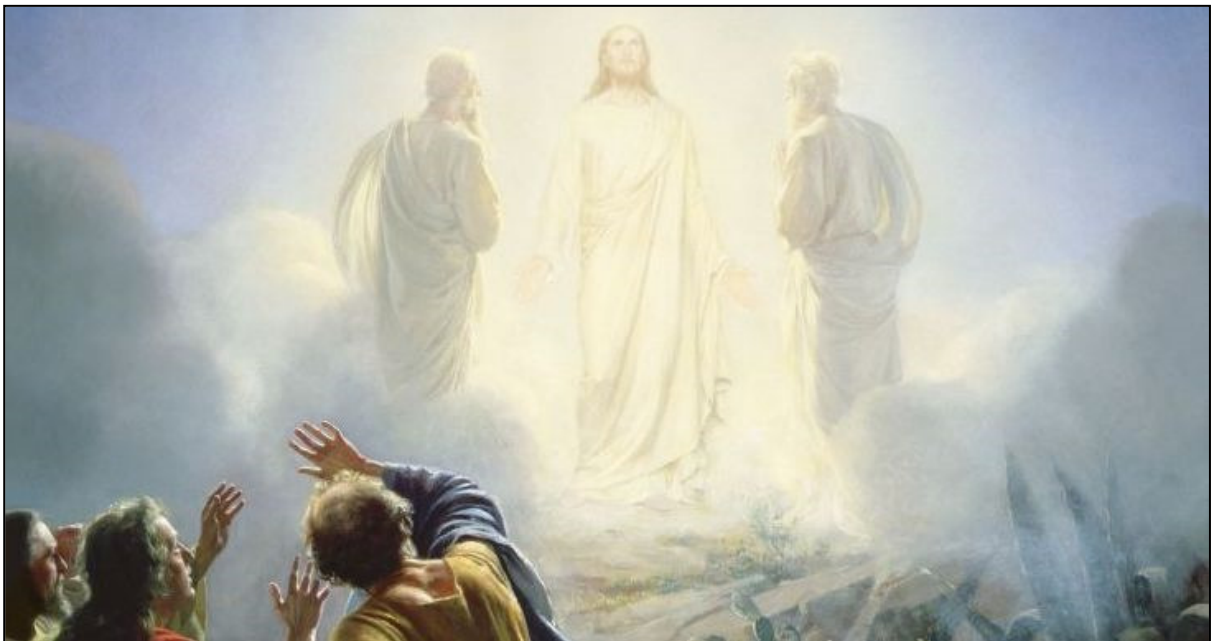
P. Send forth your spirit and they shall be created.

All. And you will renew the face of the earth.

P. Let us pray.

All. Lord, by the light of the Holy Spirit, you have taught the hearts of your faithful. In the same Spirit, help us to relish what is right, and always rejoice in your consolation. We ask this through Christ our Lord. Amen.

The Fourth Luminous Mystery



The Transfiguration

Transfiguration of Jesus – Lectio Divina

Jesus invites me to let go and he will do the rest.

1. Introductory prayer

Jesus, you invite me to let go of my ideas of how something should be, and be silent and watch. You in the glory of the resurrection, which gives meaning to suffering – also my. You invite me to freedom. Please take me with you on the mountain to where leads the arduous path, but it's the only one which takes me to the light of the resurrection.

2. Reading: The Gospel according to Matthew 17:1-9

Transfiguration of Jesus

After six days Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. There he was transfigured before them. His face shone like the sun, and his clothes became as white as the light. Just then there appeared before them Moses and Elijah, talking with Jesus. Peter said to Jesus, “Lord, it is good for us to be here. If you wish, I will put up three shelters—one for you, one for Moses and one for Elijah.”

While he was still speaking, a bright cloud covered them, and a voice from the cloud said, “This is my Son, whom I love; with him I am well pleased. Listen to him!”

When the disciples heard this, they fell facedown to the ground, terrified. But Jesus came and touched them. “Get up,” he said. “Don’t be afraid.” When they looked up, they saw no one except Jesus. As they were coming down the mountain, Jesus instructed them, “Don’t tell anyone what you have seen, until the Son of Man has been raised from the dead.”

3. Thoughts on the Gospel

Today's Gospel transfiguration of Jesus invites us in a posture of obedience. Jesus took three disciples with him on the high mountain and transfigured in front of them. "His face shone like the sun, and his clothes became as white as the light... and a voice from the cloud said, "This is my Son, whom I love; with him I am well pleased. Listen to him!" Listen to Jesus, my Son, says the Father to the disciples. Why these words right here?

Jesus decided before this event to go to Jerusalem. He began to speak, he will have to suffer, be killed, and after three days rise again. Disciples did not understand why all of this, Peter even started to forbid Him.

Until now, disciples almost enjoyed and had pleasant times with Jesus. Crowds followed him, he became more and more famous and celebrated and of course some of the glory fell on the disciples. Now he wants to go into suffering and they want to resist.

They are afraid; they start to question the words of their Master. "If anyone wants to follow me, he must deny himself and take up his cross and follow me," he told them. Will they trust this word? Who is he, who should they follow in suffering? It is worth to trust Him?

To this question, answers the Father: "This is my Son, whom I love; with him I am well pleased. Listen to him!" That is to say, do not be afraid, his word is trustworthy. You will go through the ordeals with Him. You will see no glory or greatness on Jesus. However, listen to him and trust him. Be like Abraham!

The problem was that they saw only suffering and death. Jesus also spoke of the resurrection, but they did not want to hear it. A man in a test sees everything dark, no hope, and no way out. That is why Jesus on the Mount gave the three students to see some of his glory that will be revealed to all after the resurrection. It was a foretaste of the resurrection.

They are enlightened to be able to watch the Easter events with different eyes. For a moment, they could see Jesus' life as a whole. However, the disciples did not understand much. In the hour of trial of Jesus' suffering, they will leave, deny and betray him. Only after the

resurrection, they will finally trust and believe. Light of the Resurrection will always be in them. They will not only listen to God's word, but they will even preach it throughout the world.

We too often find ourselves in a test, when it's all dark and we cannot see the exit. There are times when it is difficult to trust and believe in the word of God. Then we need the light of Christ to enlighten us and give us a revelation. So our view expands, we do not see only suffering and death, but also the resurrection. Belief in Jesus' resurrection helps us to take the cross after the Lord.

4. Meditation – thinking

About everything I have read and what has touched me, I am thinking now. I let my thoughts also touch my heart. Think:

- Jesus invites me to let go and he will do the rest. What should I let go, to leave more space for what God will do?
- Jesus touched the disciples to be able to cope with everything. He touches me too. Where do I want and look for Jesus' touch, to be able to rise and see?
- God the Father is inviting me to be silent and listen to Jesus, and to let him do his work even when I do not know where and how.
- In this lockdown, I practice how to say everything to Jesus for all that stops, worries, fears, doubts me, when I concentrate on my work and it is all different. I can utter only a short sentence, immediately or at the end of the day, or talk with Him.

5. Personal Prayer

In the next moments of silence, talk about of this with Jesus. Tell him what do you think, what do you feel, what do you want. I ask him for the grace that I need for ... *(Make your personal conversation with God)*

6. Contemplation – Quiet moment with God

Now I am simply present in God, as He is quietly present in me.

Perhaps from this silence I hear God's speech, which invites me perhaps in thanksgiving and worship, or to open myself and accept him in my path life and work, maybe He gives me the courage to continue searching for...

7. Action

When I walk into a personal relationship with God, he changes me, makes me more loving and encourages me to the concrete action.

Thank the Holy Trinity. You can pray with your family or in the community, friends, you can share with them what you felt in this prayer. By prayer for one another, you can support yourself throughout the week and this difficult time during this lockdown.

8. Prayer at the end

When I do not know what I should do, I start to babble. Jesus, you say, I should listen, watch and let go. You are asking me into the relationship of freedom, where I take also the responsibility. You know, only such relationship makes me alive. Lord, thank you that you teach me how to trust.

LITANY OF THE IMMACULATE HEART OF MARY

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| P. Lord, have mercy. | R. Lord, have mercy. |
| P. Christ, have mercy. | R. Christ, have mercy. |
| P. Lord, have mercy. | R. Lord, have mercy |
| P. Jesus, hear us. | R. Jesus, graciously hear us. |
| P. God, the Father of Heaven, | R. have mercy on us. |
| P. God, the Son, Redeemer of the world, | R. have mercy on us. |
| P. God, the Holy Spirit, | R. have mercy on us. |
| P. Holy Trinity, One God, | R. have mercy on us. |

Heart of Mary, *R. pray for us.*
Heart of Mary, like unto the Heart of God,
Heart of Mary, united to the Heart of Jesus,
Heart of Mary, instrument of the Holy Spirit,
Heart of Mary, sanctuary of the Divine Trinity,
Heart of Mary, tabernacle of God Incarnate,
Heart of Mary, immaculate from your creation,
Heart of Mary, full of grace,
Heart of Mary, blessed among all hearts,
Heart of Mary, throne of glory,
Heart of Mary, most humble,
Heart of Mary, holocaust of Divine Love,
Heart of Mary, fastened to the Cross with Jesus Crucified,
Heart of Mary, comfort of the afflicted,
Heart of Mary, refuge of sinners,
Heart of Mary, hope of the agonizing,
Heart of Mary, seat of mercy,

Lamb of God, Who takes away the sins of the world, Spare us, O Lord.

**Lamb of God, Who takes away the sins of the world,
Graciously hear us, O Lord.**

Lamb of God, Who takes away the sins of the world, Have mercy on us.

P. Immaculate Mary, meek and humble of heart,

R. Make our hearts like unto the Heart of Jesus.

P: Let us pray. O most merciful God, who, for the salvation of sinners and the refuge of the miserable, was pleased that the Most Pure Heart of Mary should be most like in charity and pity to the Divine Heart of your Son, Jesus Christ, grant that we who commemorate this sweet and loving Heart may by the merits and intercession of the same Blessed Virgin, merit to be found like to the Heart of Jesus, through the same Christ Our Lord.

R. Amen.

AN ACT OF SPIRITUAL COMMUNION

This is a simple and loving act of Spiritual Communion we are called to make in these times, while we are unable to attend Mass and receive the Eucharist.

AN ACT OF PERFECT CONTRITION

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend You, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of your grace to confess my sins, to do penance and to amend my life. Amen.

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You
are present in the Most Holy Sacrament.

I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there
and unite myself wholly to You.

Never permit me to be separated from You. Amen.

ACT OF REPARATION

TO THE IMMACULATE HEART OF MARY

O Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed there at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to your Immaculate Heart.

We therefore kneel before you to manifest the sorrow we feel for the grievances that people cause you, and to agree by our prayers and sacrifices for the offenses with which they return your love. Obtain for them and for us the pardon of so many sins.

Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy him forever in Heaven. Amen.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word incarnate, despise not my petitions, but, in your mercy, hear and answer me. Amen.

PRAYER TO OUR LADY 'SALUS POPULI ROMANI' FOR COVID19 BY POPE FRANCIS

O Mary, You shine continuously on our journey
as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick,
who, at the foot of the cross, were united with Jesus' suffering,
and persevered in your faith.

“Protectress of the Roman people”, you know our needs,
and we know that you will provide, so that, as at Cana in Galilee,
joy and celebration may return after this time of trial.

Help us, Mother of Divine Love,
to conform ourselves to the will of the Father
and to do what Jesus tells us.

For he took upon himself our suffering,
and burdened himself with our sorrows
to bring us, through the cross, to the joy of the Resurrection.

We fly to your protection, O Holy Mother of God;

Do not despise our petitions in our necessities,
but deliver us always from every danger, O Glorious and Blessed Virgin.

THE ANGELUS

P: The Angel of the Lord declared unto Mary:

R: And she conceived of the Holy Spirit.

Hail Mary...

P: Behold the handmaid of the Lord:

R: Be it done unto me according to Your word.

Hail Mary...

P: And the Word was made Flesh: (*bow down*)

R: And dwelt among us.

Hail Mary...

P: Pray for us, O Holy Mother of God,

R: that we may be made worthy of the promises of Christ.

P: Let us pray:

R: Pour forth, we beseech You, O Lord, your grace into our hearts; that we, to whom the incarnation of Christ, your Son, was made known by the message of an angel, may, by His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ Our Lord. **Amen.**

**P: Glory be to the Father, and to the Son,
and to the Holy Spirit,**

R: as it was in the beginning, is now, and ever shall be,
world without end. Amen.

P: Eternal rest grant to them, O Lord,

R: and let perpetual light shine upon them.
May they rest in peace. Amen.

CLOSING PRAYER

P: Loving God, we thank you for all the gifts you have given to us. We thank you for the love and mercy you showed in giving us your Son, Jesus Christ through our Blessed Virgin Mary who lives and rings with you forever and ever.

R: Amen.

P: Our Lady of Fatima

R: pray for us.

P: St Michael the Archangel

R: pray for us.

P: St Joseph

R: pray for us.

At the end, make the Sign of the Cross:

P: In the name of the Father,
and of the Son,
and of the Holy Spirit.

R: Amen.

IMMACULATE MARY

Immaculate Mary * your praises we sing.
You reign now in splendour * with Jesus our King.
Ave, Ave, Ave, Maria! Ave, Ave, Ave Maria!

In Heaven the blessed * your glory proclaim,
On earth we, your children * invoke your sweet name.

We pray for our Mother * the Church upon earth,
And bless, holy Mother * the land of our birth.

Immaculate Mother * each sin is our loss,
O teach us true penance * by carrying our cross.
Ave, Ave, Ave, Maria! Ave, Ave, Ave Maria!

We pray for God's glory * the Lord's kingdom come!
We pray for his vicar * Holy Father in Rome.

For poor, sick, afflicted * your mercy we crave;
and comfort the dying * your light of the grave.

What does the First Saturday Devotion consist of?

The First Saturday Devotion consists of performing the following acts on five consecutive first Saturdays of the month:

1. Go to Confession (8 days before or after the First Saturday is still valid).

In these time of pandemic of coronavirus, while we are unable to go to Confession and attend Mass and receive the Eucharist we can still pray and do a perfect Act of Contrition and receive Spiritual Communion.

2. Receive Holy Communion in the state of grace.

3. Say five decades of the Rosary.

4. Meditate for 15 minutes on the mysteries of the Holy Rosary with the goal of keeping her company.

5. All the conditions above should be fulfilled with the intention of making reparation to the Immaculate Heart of Mary.

What did Our Lady promise to those who perform the First Saturday Devotion faithfully?

Our Lady promised to assist at the hour of death, with the graces necessary for salvation, all who perform the First Saturday Devotion according to the way it should be done as described above.



Our Lady of Victories - Parish - Horsley Park
Under the Pastoral Care of the Michaelite Fathers

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